September 9, 2014

Group #2 (Bill): Focus on Adult Services

1. In looking at the key need and gap areas that have been identified so far, are there any, from your perspective, that are missing? If so, what are they?
   - MHCAN needs more hours, open on the weekends
   - Need locations accessible by bus line to services
   - Make recreational activities more available
   - Continue Shadow Speaking program
   - Timely access to treatment
   - Make it easier to get into treatment; it is too complex at the front door
   - Services need to be better coordinated between providers
   - System is difficult to navigate
   - Early treatment/diagnosis
   - Services for anyone who has experienced trauma
   - People with a “coordinator” gets more
   - More communication using technology
   - No one turned away with trauma
   - Accessibility: wheelchair ramp, elevators (Second Story, for example)
   - Accommodations for people with disabilities
   - LGBT services need to be available.
   - Integration and educating people on mental illness
   - More prevention services
   - Greater awareness of programs that are available (Example Second Story for people in crisis.
   - Need for more training to peers
   - Training for law enforcement
   - Alternatives to jail and hospitalization
   - More outreach programs
   - No tickets for camping
   - More grants to support programs
   - Funding for Shadow Speakers and Second Story
   - Use 211 to distribute info to callers; update regularly
   - More info about Second Story and MHCAN
   - Services for people who are homeless and coming out of jail (substance abuse, housing, more services)
   - Weekend availability of services
   - Need more trauma treatment (example TREM)
   - Family friendly treatment, example housing for families
2. Which need or gap areas are most important? And

3. Which need or gap areas should we focus on working on first?
   - Affordable housing; more permanent supported housing
   - Evidence based and best practice models more available
   - Peer to Peer (NAMI)
   - You can recover from mental illness; educating people
   - Recovery is possible
   - CIT training for law enforcement
   - More training for law enforcement that includes people with mental illness
   - Prevention services for kids and adults
   - Training on Motivational Interviewing that includes peers for doctors/hospitals
   - Funding for Shadow Speakers program
   - Affordable housing, safe
   - Access to care
   - Include peer on mobile crisis team
   - Include peers on trauma teams
   - Expand hours at MHCAN
   - Funding for MHCAN and Second Story
   - Legal- free
   - County letting people know about different services
   - Outreach service
   - Everyone can recover from trauma
   - Way to get services to people who won’t leave their homes or cant leave their homes
   - More financial support to assist people
   - Timely access to services
   - Knowledge about services that exist like MHCAN
   - Access to services for mild or moderate mental illness

4. Are there specific need or gap areas that may be unique or different for South County.
   - Bilingual providers needed
   - Cultural competency training offered
   - Housing that doesn’t follow regulations or is unsafe
   - Barrios Unidos program that is needed in South County and is in North County for youth and people coming out of jail.