September 9, 2014

Group #3 (Vanessa B.): Focus on Adult Services

1. In looking at the key need and gap areas that have been identified so far, are there any, from your perspective, that are missing? If so, what are they?

- 24/7 services
- Non-contingent housing
- Alternative support to medication
- We love MHCAN; longer house MHCAN hours
- Family Services Support; NAMI, non-stigmatized
- System problems creating mental illness
- Peer run peer services works! Therapeutic.
- Shared housing.
- Prejudice, discrimination. Communication doesn’t stigmatize and blame mental health participants. Stop use of word “stigma”
- Public awareness of limited resources
- Ridiculous laws.
- Flexible services for mild to moderate. There is a penalty for high functioning or recovery.
- Not enough money; need more. Living wage
- Peer certification
- Peer run services
- Facilities in community such as (shower, laundry, toilets)
- New programs
- Vocational training apprenticeship (Cabrillo and Adult Ed)
- Help with parenting
- Educational vouchers (attached to benefits)
- One on one therapy
- Model like Beacon in service, more individualized peer support
- More peer Vets support in other locations
- More individual groups for vets
- Women and children; more groups and support in same location
- Self-fund (social enterprises, e.g. Homeless Garden Project)
- More services in one location (e.g. mental health, physical health, family support services)
- Housing for single parent family
- Coordinated entry (tell your story once only)
- IHSS at night
- Parenting skills
- Place to go to find out about diagnoses of family member
- Integrated services based at a medical home (not mental health)
• Mentor program for independent life skills

2. **Which need or gap areas are most important?**
   - Money for everything (grants)
   - Peer services
   - Housing services (shared and transitional)
   - Better personal assessment
   - Staff to find housing

3. **Which need or gap areas should we focus on working on first?**
   - Peer certification. Classes to become certified. Lived experience. Other states have this.

4. **Are there specific need or gap areas that may be unique or different for South County.**
   Yes. More bilingual services.