CANS: CHILD AND ADOLESCENT NEEDS

Introductory Training to CANS Certification

Comprehensive Multisystem Assessment
Learning Objectives

- Identify and state the 6 Key Characteristics.
- Rate CANS accurately.
- Demonstrate the process of engagement and collaboration.
- Record data accurately and utilize reports for short term and long term care planning.
- Integrate into best practice and collaborative partnership to create a shared vision and measurable transformation.
Philosophy

- Families are full partners in all activities.
- Focus is on child and family health, well-being, and functioning.
- Measures are relevant to decisions about approach or proposed impact of interventions.
- Information is used in all aspects of managing the system from individual family planning to supervision to program and system operations.
Purpose

- Provide a strengths-based and relationship-based approach to engage, converse, and partner with children, adolescents, and families.

- Identify and communicate a shared vision of strengths and needs which drives process of care.

- Measure transformations through the efficiency and efficacy of interventions.
Six Key Characteristics

- Items are included because they might impact service planning.
- Level of items translate immediately into action levels.
- It is about the child not about the service.
- Consider culture and development.
- It is agnostic as to etiology—it is about the ‘what’ not about the ‘why’ (2 exceptions: trauma and social behavior).
- The 30 day window is to remind us to keep assessments relevant and ‘fresh’.
CANS

- Collaborate and partner with child and family.

- Identify CANS Need items with action level of 2 or 3 and prioritize these needs with child and family to develop short term and long term goals.

- Identify CANS Strength items with a 0 or 1 for strengths-based care planning; items 2 or 3 are those attributes and skills that can be built.

- Co-create desired results, short term goals, and action steps.

- Desired results becomes a shared vision of success.

- Strategize intervention and link back to desired results and short term goal.

- Additional Adaptation from Transformational Care Planning (TCP), CiMH
CANS
Person-Centered, Family Driven

Critical Core Components

- Strengths-based and inclusiveness
- Skill acquisition and empowerment
- Process of collaboration and partnership
- Cultural sensitivity and responsiveness
- Shared vision
- Co-creation of desired results
- Prevention
- Systemic response to needs

- Additional Adaptation from Transformational Care Planning (TCP), CiMH
### Action Level Key

#### Needs

- **0** – No Evidence
- **1** – Watch/Prevent
- **2** – Action Needed
- **3** – Immediate/Intensive Action

#### Strengths

- **0** – Centerpiece
- **1** – Useful Strength
- **2** – Potential Strength
- **3** – None Identified
Comprehensive 5+
Life Domain Functioning

- Family
- Living Situation
- Social Functioning
- Recreational
- Developmental
- Job Functioning
- Legal
- Medical
- Physical
- Sexuality
- Sleep
- School Behavior
- School Achievement
- School Attendance
Youth Strengths

- Family
- Interpersonal
- Optimism
- Educational
- Vocational
- Talents/Interests
- Spiritual/Religious
- Community Life
- Relationship Permanence
- Resiliency
- Resourcefulness
Acculturation

- Language
- Identity
- Ritual
- Cultural Stress
Caregiver Strengths

- Supervision
- Involvement
- Knowledge
- Organization
- Social Resources
- Residential Stability
- Physical
- Mental Health
- Substance use
- Safety
Youth Behavioral/Emotional Needs

- Psychosis
- Impulsivity/Hyperactivity
- Depression
- Anxiety
- Oppositional
- Conduct
- Adjustment to Trauma
- Anger Control
- Substance Use
Youth Risk Behaviors

- Suicide Risk
- Self Mutilation
- Other Self Harm
- Danger to Others
- Sexual Aggression
- Runaway
- Delinquency
- Judgment
- Fire Setting
- Social Behavior
Modules

- Developmental Needs
- Trauma
- Substance Use
- Violence Needs
- Emotional/Behavioral Risks
- Resiliency Factors
- Sexual Aggression
- Runaway
- Juvenile Justice
- Fire Setting
Additional Assessments
(Age/Development Dependent)

- **CANS Comprehensive Birth to 5-Child & Adolescent Needs & Strengths**
  - Follows the same principle as the CANS Comprehensive but to be done with children birth to age 5.

- **ANSA-Adult Needs and Strengths Assessment**
  - Follows the same principle as CANS Comprehensive but to be done with the adult population 18 and over.