

# 2016 Bicycle Helmet Fit and Distribution Sites

The following locations offer FREE helmets to those who need them. Call to schedule an appointment or to verify hours of operation — area code 831.

## Watsonville Locations

### The Bike Shack

555 Main Street  
296-0326 T/Th 5-7 pm

### Cesar Chavez Middle School

Children's Resource Center  
440 Arthur Road  
761-6125 ext. 6754

### Rolling Hills Middle School

Rolling Hills Resource Center  
130 Herman Avenue, Rm 11  
728-6341 ext. 4811

### Santa Cruz County Head Start

225 Westridge Drive  
724-3885

### Starlight Elementary School

Starlight Resource Center  
225 Hammer Drive, Rm 31  
728-6979 ext 5631

### Pajaro Middle School

Pajaro Family Resource Center  
250 Salinas Road, Portable 1  
761-6633

### Trips for Kids Santa Cruz

345 Harvest Drive  
[helmets@tripsforkidssantacruz.org](mailto:helmets@tripsforkidssantacruz.org)

## North County Locations

### Cabrillo College Bike Co-op

6500 Soquel Drive  
SAC East Building, Rm 913c  
477-3500 or email  
[bikecoop@cabrillo.edu](mailto:bikecoop@cabrillo.edu)

### The Bike Church

703 Pacific Avenue  
425-2453, M/T/Th 3-7 pm

### Capitola Community Center

Jade Street Park  
4400 Jade Street  
475-4935 to schedule appt.



### All cyclists should wear a helmet to reduce the chance of head injuries!

The helmet should be snug and cover the top of the forehead. The side straps should meet in a "V" below each ear. The chinstrap should be adjusted so that no more than two fingers fit between the strap and chin.

## California Bicycle Helmet Law

Persons under 18 years of age must wear an ASTM or CPSC approved, properly fitted and fastened helmet as an operator or passenger when bicycling, skateboarding, roller-blading, skating or using a scooter.

**Helmet Fit and Distribution Program Coordinators:** Theresia Rogerson 454-4312, [theresia.rogerson@santacruzcounty.us](mailto:theresia.rogerson@santacruzcounty.us) or Kithy Chavez 454-4317, [kithy.chavez@santacruzcounty.us](mailto:kithy.chavez@santacruzcounty.us).

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