Health in All Policies (HiAP)

What, Why and How

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What is Health in All Policies (HiAP)?

- It is a systematic approach to improving health on the community-level by considering health in decisions that shape the environments where people live, learn, work, play, and travel.

- It is a collaborative approach that integrates and articulates health considerations into policy making across sectors, and at all levels, to improve the health of all communities and people.
NACCHO HiAP Policy Statement

- **Federal, State, Local, Government role:**
  - Adopt a Health in All Policies approach in the policy-making process in order to ensure that policies made outside of the health sector have positive or neutral impact on the determinants of health
  - Provide funding, training, and technical assistance for local health departments (LHDs) to ensure that they can assume a leadership role implementing a HiAP approach at the local level and determine the best strategies for implementing HiAP locally.

- **Local health departments should:**
  - Take a leadership role to implement HiAP at the local level, including identifying the best strategies for implementing HiAP in the LHD jurisdiction
  - Assume a prominent role educating local, state, and federal policymakers about the value of HiAP
Why HiAP?

- Need to address health comprehensively because many of the factors that impact health are driven by multiple factors outside public health or healthcare.

- Health Services Agency receives grant from NACCHO.

Grant

- Focus on South County
- Move from regional concentration and broaden efforts.
What is health?

*Health is the state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.*

- World Health Organization

Source: http://who.int/about/definition/en/print.html
How is our health influenced?

Factors Influencing Health
- Behaviors & Environment: 70%
- Genetics: 20%
- Medical Care: 10%

National Health Expenditures
- Medical Services: 96%
- Prevention: 4%

$2.2 Trillion

Adapted from Srikantharajah. 2011. Promoting Community Based Prevention through Health Reform. Prevention Institute.
How does our environment impact our health?

- Air Quality
- Social Capital
- Physical Activity Levels
- Water Quality
- Social Equity
- Traffic-Related Accidents
- Access to Healthy Foods
- Exposure to Toxins & Chemicals
- Climate Change / Extreme Weather
Equality vs. Equity

Equality = SAMENESS
Equality is about SAMENESS, it promotes fairness and justice by giving everyone the same thing. BUT it can only work IF everyone starts from the SAME place, in this example equality only works if everyone is the same height.

Equity = FAIRNESS
EQUITY is about FAIRNESS, it’s about making sure people get access to the same opportunities. Sometimes our differences and/or history, can create barriers to participation, so we must FIRST ensure EQUITY before we can enjoy equality.
BARHII Framework for Reducing Health Inequities

Social Inequities

Institutional Power

Living Conditions

Risk Behaviors

Disease and Injury

Mortality

CURRENT PUBLIC HEALTH PRACTICE

Class
Race/Ethnicity
Gender
Immigration
Sexual Orientation

Schools
Corporations and Businesses
Physical Environment
Social Environment
Residential Segregation and Concentrated Poverty
How can decisions impact our health?

Policies & Programs

Encourage people to make healthy choices
How can decisions impact our health: walking and biking?

**Stakeholders**
- Elected Officials
- Transportation Department
- Planning Department
- Police Department
- Health Department
- Non-Profit Organizations

**Health Outcomes**
- Physical Activity
- Air Quality
- Climate Change
- Social Capital
- Traffic-Related Injuries
How can decisions impact our health?
The how-to of HiAP

- **Health considerations in the decision making process** → How does a prospective-decision potentially impact population health?

  - HiAP is **upstream** – the focus is on addressing potential health impacts early in the decision processes
  
  - HiAP is **comprehensive** – all sectors, all stages of policy processes, all levels of government
Tactics for Implementing HiAP

- Convene a cross-sector collaborative or task force
- Consider health in the policy making process
- Establish accountability structures
How can HiAP help our community?
Thank you