

NOTICE OF PUBLIC MEETING – Santa Cruz County

MENTAL HEALTH ADVISORY BOARD RETREAT

SEPTEMBER 18, 2019

AGRICULTURE EXTENSION

1430 FREEDOM BLVD, SUITE E, WATSONVILLE, CA 95076

1:00 P.M. – 4:30 P.M.

AGENDA

1:00 Regular Business

- a. Roll Call
- b. Introductions and Public Comment

(No action or discussion will be undertaken today on any item raised during this Public Comment period except that Mental Health Board Members may briefly respond to statements made or questions posed. Limited to 3 minutes each)

1:15 Retreat

- a. Direction of Mental Health Advisory Board (MHAB)
- b. MHAB Goals and Objectives for 2019
- c. MHAB Strategic Plan
- d. Description/Clarification of Ad Hoc Committees and Standing Committees
 1. Jail Committee
 2. Community Engagement Committee
 3. MHSA Advisory Committee
 4. Membership Committee
 5. Site Visit Committee
- e. California Association of Local Behavioral Health Boards and Commissions

2:45 Team Building

3:40 Training: Overview of Trauma Informed Care

- Trauma: Events, Experiences and Effects
- ACE
- Trauma informed approach: Realization, Recognize, Respond, Resist Re-traumatization
- Principles of Informed Care: Safety, Choice, Collaboration, Trustworthiness and Empowerment
- MHAB implications

4:15 Wrap Up

- a. Final thoughts and comments

4:30 Adjourn

Mission Statement
To obtain the highest quality and most effective mental health services for the county.

-----SCCMHB GOALS-----

1) Advise the Mental Health Department on Current and ongoing Issues as they relate to the Quality and Effectiveness of Mental Health Services for the County

2) Develop skills and procedures to maximize the effectiveness of the SCCMHB

3) Increase community awareness on issues related to mental health to Ensure Inclusion and Dissemination Of Accurate Information

NEXT REGULAR MENTAL HEALTH ADVISORY BOARD MEETING IS

SEPTEMBER 19, 2019

HEALTH SERVICES AGENCY

1400 EMELINE AVE., BLDG K, ROOM 206, SANTA CRUZ, CA 95060

3:00 P.M. – 5:00 P.M.

If you are a person with a special need, or if interpreting services (English/Spanish or sign language) are needed, please call 454-4611 (Hearing Impaired TDD/TTY: 711) at least 72 hours in advance of the meeting in order to make arrangements. Persons with disabilities may request a copy of the agenda in an alternative format.

Si usted es una persona con una discapacidad o necesita servicios de interpretación (inglés/español o Lenguaje de señas), por favor llame al (831) 454-4611 (Personas con Discapacidad Auditiva TDD/TTY: 711) con 72 horas de anticipación a la junta para hacer arreglos. Personas con discapacidades pueden pedir una copia de la agenda en una forma alternativa.