

Minutes Approved
2/16/17

Mental Health Advisory Board
December 15, 2016
3:00 – 5:00 p.m.
MHCAN 1051 Cayuga Street, Santa Cruz

Present: Charlotte Reyes, Greg Caput, Jodie Wells, Kathleen Aver Avraham, Maria Correia, Richard Martinez

Excused Absence: None

Unexcused Absence: Hugh McCormick, Jenny Kaupp

Approved October 20, 2016 Meeting Minutes

Ayes: Charlotte Reyes, Kathleen Aver Avraham, Jodie Wells, Greg Caput

Abstain: Richard Martinez, Maria Correia

Absent: Hugh McCormick, Jenny Kaupp

1. Public Comment:

- Sheryl Lee –NAMI : Read a letter from NAMI requesting support under the Innovative Projects, especially linking the Transitional Aged Youth (TAY).
- John Laue – 2nd District Board member resigned, term ending 12/14/16. John spoke on his background and proud accomplishments as a MHAB member.

2. Erik Riera, Behavioral Health Director: Innovative Projects Plan of the Mental Health Services Act Update : “Integrated Health and Housing Supports”

Background:

- State reductions in funding
- Creation of new provision within Innovative Projects that allows for funding to be applied to a supported housing program
- Opportunity to expand housing (as identified in the MH Strategic Plan) and housing supports to more effectively meet the needs of our community.

Proposal:

- Create a new supported housing program that expands the availability of housing and utilizes peers and technology to more effectively address the needs of the individuals served.
 - Expand supported housing units from 42 to 55 per year
 - Utilize telehealth technology to monitor other health conditions of participants who are connected to County FQHC clinics and Mental Health Services.
 - Other health conditions include diabetes, hypertension, obesity, and heart disease.
 - Peer and family partners to provide outreach and support to program participants in the community
 - Training in CBT for family members

- Intentional Peer Support (IPS)
- Daily monitoring and follow-up of health information by a Medical Assistant and Clinic Nurse
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- Future capacity for real time video telehealth outreach with the individual participants
- Future capacity to utilize connected medication boxes in the home

Eligibility:

- Mental Health Condition + Other Health Condition
- Patient of Santa Cruz County Clinic (1080 Emeline in Santa Cruz or 1430 Crestwood in Watsonville)
- In need of supported housing (rental subsidies+ housing supports)
- Be willing to participate

Results from prior work in other states:

- Improved quality of life
- Decreased use of Emergency Departments (75% decrease in one study)
- Decreased Hospitalizations (85% decrease in the same study)
- Improved blood glucose control and A1C levels
- Reduction in mental health symptoms

3. Standing Reports:

- BOS Supervisors Report – Supervisor Greg Caput: Greg Caput stated that the norms to the community if person doesn't get along with others, they had a mental health illness. BOS dealing with Prop 64 – medical marijuana, policies and procedures.
- Greg clarified that all correspondence to Board of Supervisors is copied and given to each supervisor. They are read and not taken lightly.
- Mental Health Director's Report – presented by Erik Riera under agenda item 2.
- Sub-committee and Board Member Reports: Kate Avraham
 - Jackey Vizzier, MHAB minute's taker has tendered his resignation and a new minute's recorder is needed. Kate requested Maria Correia research replacement of staffing for the MHAB minute's recorder.
 - Kate presented John Laue with a plant, a small token with appreciation, for all his years of service to the MHAB.
- The Consumer Complaint Protocol report by Rick Martinez was tabled until the next meeting. As John Laue has resigned, Rick is inviting other members to join him.

4. New Business

- There are two vacancies on the board.
- The Retreat meeting is set for Friday, 2/3/17. Location to be determined.

Adjourn at 4:55: Maria Correia motion to adjourn. Jodie Wells, seconded.