

MINUTES
APPROVED 3/16/17

Mental Health Advisory Board

February 16, 2017

3:00 – 5:00 p.m.

Health Services Agency

1400 Emeline Ave., Bldg. K, Room 206, Santa Cruz, CA 95060

Present: Aimee Escalante, Charlotte Reyes, Jenny Kaupp, Jim Roszell, Jodie Wells, Kathleen Aver Avraham, Maria Correia, Xaloc Cabanes, Greg Caput

Excused Absence: Hugh McCormick,

Unexcused Absence: Richard Martinez

Approved December 15, 2016 Meeting Minutes

Ayes: Charlotte Reyes, Kathleen Aver Avraham, Jodie Wells, Maria Correia, Greg Caput

Abstain: Jenny Kaupp

Absent: Hugh McCormick, Richard Martinez

Approved January 19, 2017 Meeting Minutes

Ayes: Charlotte Reyes, Hugh McCormick, Jenny Kaupp, Kathleen Aver Avraham, Greg Caput

Abstain: Jodie Wells, Maria Correia,

Absent: Richard Martinez

Public Comment:

- Introductions were made by new Board members: Xaloc Cabanes, 1st District; Aimee Escalante, 2nd District; and Jim Roszell, 4th district.
- Rebekka Mills – addressed Main Jail at Water Street site and distributed a handout which describes two pages of conditions of cell and two pages of relevant regulations.
- George Carvalho, Advocacy Inc. – professional rights advocate will address any letters written to him regarding mental health system liaison team interactions.
- Sarah Leonard, MHCAN Director – wants help with the funding cuts.
- Bek Sabedra, Register-Pajaronian Reporter/ Social Media – has a passion for serving the community.
- Charlotte Reyes - announced Suicide Prevention training begins April 11, 2017.

Standing Reports:

- Supervisor Greg Caput:
 - Called the Grand Jury last week and asked the Grand Jury to follow up as the MHAB has addressed everything in report and would like the Grand Jury to attend future meetings.
 - When the By-Laws are changed, the voting process would take two meetings to formalize. The MHAB would need to vote at one monthly meeting, then send

By-Laws to Board of Supervisors to review, who in turn will send to County Council to review for compliance of state laws. The MHAB would vote again at the next monthly meeting.

- MHAB vacancies are currently full.
- There was an incident at the Main Jail, where an inmate was transported to a hospital in San Jose.
- Erik Riera has excused absence from MHAB meeting: with all staff attending exit conference with EQRO-DHCS State mandated audit.

Sub-committee and Board Committee Reports:

- Kate Avraham:
 - Free training “QPR” on 3/17/17 from 9 – 11 am at Heath Services Agency, 1080 Emeline Bldg. D, Santa Cruz, CA.
 - Suicide Prevention will give a presentation at the April 20, 2017 meeting.
- Jim Rozsell announced Twin Lakes Church will have trainings from 2/22 -3/29/17, training topic “Recognizing Depression”.
- Jodie Wells provided a handout “Friend Outside’s Resource Guide “, a community resource.

Review and Evaluation of MHAB Retreat/Training:

- Kate Avraham: thought it was very empowering.
- Jodie Wells: excited of having the power to get things done in the community. Important for MHAB to build committees for everyone to have input.

Input on committees/assignments:

- Site Visit Committee: Jim Rozsell, Chair, Hugh McCormick, Kate Averham
- Jail Committee: Charlotte Reyes, Chair, Jenny Kaupp, Rebeckah Mills
- By-Laws Committee: Rick Martinez, Chair, Aimee Escalante
- Executive Committee: Kate Avraham, Chair, Maria Correia, Co-Chair

Mental Health Advisory Board Meeting locations:

- One meeting in South County – location to be determined (TBD)
- One or more meetings in Mid County - at the Community Foundation or Aptos Library - location TBD
- Meetings in North County at Health Services Agency, 1400 Emeline, Bldg. K., Room 206
- Meetings at MHCAN - TBD

Adjourn

- Adjourned at 4:50 PM: Maria Correia motioned to approve. Xaloc Cabanes, seconded.