Mental Health Services Act
Santa Cruz County
3 Year Plan
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>5:30</td>
<td>Welcome and Agenda Review</td>
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<td>Adjourn</td>
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Today’s Meeting

Goal

• To inform and recruit stakeholders to participate in creating the MHSA 3-year plan

Objectives

• Summarize MHSA guidelines
• Inform stakeholders about the MHSA planning process
• Prepare stakeholders to participate in the planning process
Ground rules

- Abide by the structure of today’s meeting
- Listen before speaking
- Use courteous and respectful language
- Use “I” statements
- Use the Parking Lot of Ideas
Erik G. Riera
Director, Behavioral Health Services Agency
## MHSA PEI Funding

<table>
<thead>
<tr>
<th>PEI</th>
<th>Children's</th>
<th>Adult's</th>
<th>Admin Support</th>
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## MHSA CSS Funding

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<td>Program 2</td>
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<td>Program 4</td>
<td>Children’s Education Gate</td>
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<td>Children’s Family &amp; Youth Partnerships</td>
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Proposition 63 passed in 2004

- Dedicated funds to improve mental health care in California and to reduce the long-term adverse impact due to untreated mental illness

- Expand/initiate innovative mental health services that are culturally and linguistically sensitive to underserved populations

- Funds to be used in a cost-effective manner to ensure accountability
Paradigm Shift

- Wellness, recovery and resilience
- Cultural competence
- The needs of clients/families drive the mental health system
- Participation of clients/families in the planning process
- Integration of mental health services
- Community collaboration
Stakeholders

- Underserved communities
  - Latino
  - Homeless
  - LGBTQ+
- Education
- Consumers and/or their families
- Health
- Social Services
- Law Enforcement
- Family resource centers
- Employment
Components of MHSA

- Community Services and Supports (CSS)
- Prevention and Early Intervention (PEI)
- Workforce Education and Training (WET)
- Capital Improvements and Information Technology
- Innovation
Intent of Strategies

- To engage persons prior to the development of serious mental illness or emotional disturbance
- To alleviate the need for additional or extended mental health treatment
Types of Services

Evidence-based practices

- Mental health promotion
- Mental health education
- Screening
- Short-term, early intervention programs
PEI Target Groups

- Underserved cultural populations
- Those experiencing onset of a serious mental illness
- Children and youth in stressed families
- Needs of older adults
- Trauma-exposed individuals
- Children/youth at risk for
  - School failure
  - Juvenile justice involvement
- Suicide Prevention
Priority Outcomes

Reduction of

- homelessness
- school failure
- unemployment
- incarceration
- removal of children from homes
- suicide
Project Requirements

- Short-term goals
- Outcome indicators
- Evaluation methods
Risk Factors

Mental Health

Genetics
Prenatal Care
Poor Social Skills
Family Violence

War/Natural Disaster

Mental Illness

School Failure
Death of Loved One
Parent Substance Abuse
Unemployment
Protective Factors

Easy Temperament, Family Harmony
School Achievement, Good Physical Health
Sense of Belonging, Access to Support
Social Skills, Positive Self Image
Economic Security
Prevention

- Reduces risk factors and increases protective factors
- Promotes positive cognitive, social, and emotional development, and encourages a state of well-being
Early Intervention

Risk Factors — Mental Health

Early Intervention

Protective Factors — Mental Illness
Pam Rogers-Wyman, LMFT

Director of Adult Behavioral Health Services
Community Support Services (CSS)

CSS #6: Enhanced Crisis Response

CSS #7: Consumer, Peer & Family Support Services

CSS #8: Community Support Services
CSS #6: Enhanced Crisis Response

- Telos - Crisis Residential Facility
- El Dorado Center (EDC) - post hospitalization or hospital diversion
- Enhanced Support Services - provides support for integration into the community following a locked-care stay
- River Street Shelter (RSS) - shelter for homeless individuals, plus day programming support
- Casa Pacific - residential treatment program for co-occurring mental health & substance use disorder
- Peer Support Staffing at the Psychiatric Health Facility (via MHCAN)
CSS #7: Consumer, Peer & Family Support Services

MHCAN - Peer Drop in Center

• Weekly peer-run programming
• Outreach & support for individuals with psychiatric disabilities
• TAY Academy

Mariposa Center

• South County location
• Weekly peer-run programming
• Outreach & support for individuals with psychiatric disabilities
CSS #8: Community Support Services

Full Services
Partnership
Teams:

- Recovery
- Transitional Age Youth
- MOST
- Older Adult
Prevention & Early Intervention

- Senior Council
- Veterans Advocacy
- Access
Suicide Prevention

Suicide Prevention Task Force

Suicide Prevention Services of the Central Coast
Access and Linkage to Treatment

- Second Story
- Mobile Emergency Response Team (MERT)
- Mental Health Liaisons (MHL)
Stigma and Discrimination Reduction

- NAMI
- MHCAN
Outreach for Increasing Signs of Mental Illness

Family Service Agency-Senior Outreach
Lisa Gutierrez, PhD

Director of Children’s Behavioral Health Services
Children’s MHSA Services & Programming

Community Support Services
- Community Services
- Juvenile Probation
- Family Partnership
- Education
- Child Welfare

Prevention Early Intervention
- Trauma Informed Service
- Suicide Prevention
- School Mental Health Partnership Collaborative-County Office of Education
- Mobile Emergency Response Team (MERT)
- Triple P Parenting Program
- NAMI
Community Support Services (CSS)

- CSS #1: Community Gate
- CSS #2: Probation Gate
- CSS #3: Child Welfare Services Gate
- CSS #4: Education Gate
- CSS #5: Special Focus: Family Partnership
CSS #1: Community Gate

Therapeutic services requested by youth and families or referred by doctors, Crisis Stabilization Program, hospitals or other community support services:

▼ Children's Behavioral Health
  • North and South County

▼ Encompass, Youth Services
  • North and South County

▼ Pajaro Valley Prevention and Student Assistance (PVPSA)
  • Mid and South County
CSS #2: Probation Gate

Therapeutic services requested by youth and families or referred by Juvenile Probation or the court.

- Encompass, Youth Services
  - North and South County

- Pajaro Valley Prevention and Student Assistance (PVPSA)
  - Mid and South County
CSS #3: Child Welfare Services Gate

Therapeutic services for youth and families referred by Family and Children’s Services

Providers:

- **Children’s Behavioral Health**
  - North and South County

- **Parents Center**
  - North and South County

- **Encompass; Independent Living Program (ILP)**
  - North and South County
CSS #4: Education Gate

Therapeutic services for youth and families referred by schools

Provider:

Children’s Behavioral Health

• North and South County
CSS #5: Special Focus: Family Partnership

Peer support for parents and families of youth involved with the Behavioral Health System to help navigate and best utilize available services.

Provider:

▼Volunteer Center

- Family Partnership
PEI for Children

‣ First 5 of Santa Cruz
  • The Positive Parenting Program (Triple P)

‣ Children’s Behavioral Health
  • 0-5 Family and Individual Therapy

‣ COE Guided Programs
  • Diversity Center – throughout county
  • Positive Behavioral Intervention and Supports (PBIS) in schools throughout county
  • Live Oak Community Resources

‣ East Bay Agency for Children
  • Trauma Informed Systems

‣ NAMI

‣ Mobile Emergency Response Team (MERT)
Cassandra Eslami, LMFT
Director of Community Engagement
2020 MHSA Stakeholder Events

Adult & Children’s Behavioral Health Workgroups

Recommendations from Workgroups to County Behavioral Health Services

County Behavioral Health recommendation review

Completion of the 2020-2023 Three-year Plan (draft)

Workgroups review and respond to draft plan/ 30 day public comment period on draft plan

Review by Local Mental Health Advisory Board and MHSA Subcommittee

Response/close of public comment period and finalize plan

Recommendations to Board of Supervisors

Approval by Board of Supervisors

Final plan submission to Department of Healthcare Services (DHCS) and Mental Health Services Oversight and Accountability Commission (MHSOAC)

Funds dispersed to Santa Cruz county in timeline according to DHCS (varies by year and tax revenue)
Let's Take a Break
Next Community Forum

South County Kickoff

5:30 - 7:30 PM

Tuesday, February 18

Kathleen King Community Room

85 Nielson Street

Watsonville
Initial Workgroup Meetings

**Adults**
Tuesday, March 3rd  6 - 7:30 PM  
1400 Emeline Avenue, Room 206  
Santa Cruz

**Children/Youth**
Wednesday, March 4th  10:30 AM - noon  
1430 Freedom Blvd, Suite F, Conference Room  
Watsonville
Between Now and Then

▼ Tell others about the community-wide process

▼ Encourage them to participate in any way they can

▼ Review materials on-line

• Guidance materials
• Resource materials
• Evidence-based programs
MORE INFORMATION:

http://www.santacruzhealth.org/MHSA
Thanks for your participation!!