Social Determinants of Health and their Impact on Community Health

Susan Watson, MPH
Public Health Institute
Accreditation & Population Health

- PHAB standards
- ACA
- CHNA
- Triple Aim
More Than Access...

CDC’s estimates of impact of each determinant on mortality and morbidity
Forbes Announces Top 10 Health Care Quotes of 2013

Coming in at Number 1:

“When it comes to your health, your zip code matters more than your genetic code.”

Dr. Anthony Iton, Senior Vice President, Healthy Communities, The California Endowment

"Your longevity and health are more determined by your ZIP code than they are by your genetic code."

Tom Frieden, M.D., M.P.H.; CDC Director
Closer to the Edge...

Social determinants of health

Current medical model

Primary Prevention

Safety net programs and secondary prevention

Medical Care and tertiary prevention
Social Determinants of Health

- CDC: “the complex, integrated and overlapping social structures and economic systems that are responsible for most health inequities. These social structures and economic systems include the social environment, physical environment, health services and structural and societal factors.”

- RWJF: “Health starts where we live, learn, work and play.”
Determinants of health

Individual resources: Education, occupation, income, wealth

Neighborhood resources: Housing, food choices, public safety, transportation, parks and recreation, political clout

Hazards and toxic exposures: Pesticides, lead, reservoirs of infection

Opportunity structures: Schools, jobs, justice
Impact

Determinants of Population Health

Social determinants of health
Primary prevention
Secondary prevention
Tertiary prevention

From Steven Woolf, MD
Pursuing Health Equity

“Health equity” means efforts to ensure that all people have full and equal access to opportunities that enable them to lead healthy lives.

Source: California Health and Safety Code Section 131019.5
Questions?

Thank You!