Be Ready, Communicate!
1. Collect paper copies of family phone numbers, doctors offices, and schools
2. Share copies with friends and family
3. Practice communication plan regularly within your household.

Did you know? Only 39% of Americans have created an emergency plan and discussed it with family members? Let’s increase our resilience with your plans!

September is National Preparedness Month. Follow #NPM all month long to share & learn preparedness tips!

#NPM

For more information visit: santacruzhealth.org/72hourready

Unique Go–Kit Items
Medications
Eyeglasses
Personal Documents
Comfort Snacks
Electronic Device Charger
Children’s Toys
Family Pictures