



Public Health

County of Santa Cruz

HEALTH SERVICES AGENCY – Public Health Division

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To Whom It May Concern:

Santa Cruz County Public Health is no longer providing individualized clearance letters for returning to work following COVID-19 infection as of August 2020. Employees should self-attest that they meet criteria for returning to work using this form.

All workers should use the following criteria for returning to work following COVID-19 infection.

Persons with symptoms* may return to work after:

- o 10 full days after symptoms first appeared, **AND**
- o Symptoms (cough, shortness of breath) have improved, **AND**
- o 24 hours with no fever without use of fever-reducing medication

Persons without symptoms may return to work after:

- o 10 full days after specimen collection date of first positive COVID-19 laboratory test

I, _____, verify that I have met the Santa Cruz County Public Health Criteria as listed above for returning to work using this form.

Signature _____

Date _____

**Symptoms of COVID-19 may include cough, shortness of breath or difficulty breathing, fever or chills, muscle or body aches, vomiting, diarrhea, and new loss of taste or smell **Persons with any lingering symptoms should wear a surgical mask for source control until symptoms have resolved completely*

