

PEI “Overview” Workgroup Meetings

- I. Overview
 - a. The focus on this component of the Mental Health Services Act is, “Prevention & Early Intervention,” not ongoing services. It shall be community wide and collaborative, with programs a part of integrated service plans, across the life cycle.
 - b. Input will come from Stakeholders via focus groups, interviews, and workgroups.
 - c. 51% or more of the funding must be spent on the 0-25 age group. Consider “leveraging” with other services to reduce costs, for example:
 - i. Contractor supplies admin services at no cost
 - ii. Contractor supplies space for services at no cost
 - d. Evaluations must be built into all proposed programs. This system will be used on an annual basis to determine if the service has met its goals/outcomes, and whether funding is granted again.
 - e. The state will audit one program of their choosing at the end of each year.
- II. Priority Populations
 - a. Trauma-Exposed Individuals
 - b. Individuals experiencing onset of serious psychiatric illness
 - c. Children and youth in stressed families
 - d. Children and youth at risk for school failure
 - e. Children and youth at risk of or experiencing juvenile justice involvement
- III. Programs
 - a. Universal
 - i. For example, a prenatal program.
 - b. Selective
 - i. Exposure to risk factors (divorce, violence, etc.) by age, occupation, gender could determine the need, for example, a Bereavement support group, or a Social Support Group for people in group homes to combat depression.
 - c. Individual
 - i. Those already showing signs of mental health illness. For example, bullies, identification of adolescent social withdrawal (thought disorder)
- IV. Data
 - a. The state will only fund those programs that are proven to be “evidence based” (data driven). If Santa Cruz County submits a plan for a program not listed, then we must include Community-defined evidence in achieving mental health outcomes.
 - b. The California dept. of Mental Health (DMH) has provided a Resource Materials List on programs that are “evidence based,” that have already been approved. If a county recommends funding for an alternate program they must have data showing positive outcomes have been obtained elsewhere.

- c. Applied Survey Research (ASR) will present data they have compiled from surveys unique to Santa Cruz County, to assist in the identification of priority populations and major mental health needs in Santa Cruz County.
- V. Workgroups will:
- a. Review survey data supplied by ASR, and evidence based programs (supplied by CA DMH).
 - b. Establish priority populations in Santa Cruz County, based on data, and pick one or two.
 - c. Determine the outcomes they want.
 - d. Recommend program/s (will need to include data if not in Resource Materials List guide).
 - e. Submit to the Mental Health Steering Committee for review (they will assist in honing down programs as needed).
 - f. Make available to the County for a 30 day Public Review/Hearing
- VI. PEI Workgroup ground rules
- a. All items have been agreed upon. Clarification will occur at future meetings to determine how majority rule decisions will be implemented.
- VII. Workgroups notes & meetings
- a. All notes and meetings times will be posted on the Santa Cruz County MHSA website (www.santacruzhealth.org)
 - b. All workgroups will convene for their first meeting no sooner than the week of 6/30, then again every other week.
- VIII. Children's workgroup meeting, 6/2/08**
- a. Due to the number of stakeholders interested in this age group (63 attendees), it was decided to break them up into 4 smaller groups by age. They are:
 - i. 0-5
 - ii. 6-12
 - iii. 13-17
 - iv. 18-25 (Transitional Age Youth, TAY)
 - b. Question/Answer
 - i. How do kids that reside in a group home fit in with PEI (assuming they are already in the system)?
 - 1. If they are presenting with a serious mental illness
- IX. Adults (26-59) workgroup meeting, 6/6/08**
- a. 20 attendees
 - b. It was noted that "geography" is often not given consideration with regards to priority groups.
 - c. Who's missing from this group (stakeholders)?
 - i. Latino's
 - ii. Family members
 - iii. Law Enforcement
 - iv. Homeless (HPHP)
 - v. Healing center
 - d. There was much discussion with regards to programs that are needed in Santa Cruz County, but due to time constraints, will go into detail at next

meeting after the ASR data is disseminated, stakeholders have had a chance to review the Resource Materials List, and priority populations have been identified.

X. Older Adults (60+) workgroup meeting, 6/5/08

- a. 14 Attendees
- b. Stakeholders identified as missing from this age group:
 - i. Clients
 - ii. Family
 - iii. Medical professionals (RN's/Doctor's)
 - iv. Latino Groups
 - v. Veterans
 - vi. Care Givers
 - vii. Seniors
 - viii. Law Enforcement