

**Mental Health Services Act: Prevention & Early Intervention**  
**Work Group: Ages 6 to 12**  
**September 22, 2008**

**Attendees:** Alicia Nájera, Cecile Mills, Ginny Gomez, Guy Grant, Linda Betts, Linda Perez, Lisa Russell, Mariana España, Rita Flores, Stan Einhorn, and Tove Beatty.

1. Introductions.
2. Recap of previous meetings.
3. Priorities
  - a. Youth in Stressed Families
    - Inadequate Parental Skills/Supervision
    - Substance Use/Abuse
    - Exposure to violence/abuse/neglect
  - b. Trauma-Informed
    - Inadequate Parental Skills/Supervision
    - PTSD
    - Effects of medication on youth
4. Gatekeepers
  - a. Parents/Family
  - b. Peers/Youth
  - c. PCP's (primary care physicians)
  - d. Teachers/School personnel
  - e. Activities – i.e. Coaches, Boys/Girls Club, Little League
5. Outcomes Ages 6-12 (because many of the recommendations mirrored the 13-17 workgroup, collapsed both into one document). Reiterated that this group determined that their target population is LGBT and Latino youth. Discussed the outcomes draft and came up with the following changes:
  - a. When noting “LGBT and Latino youth” in parentheses, use i.e. at the beginning and eliminate etc. at the end.
  - b. Change “non-traditional settings,” to “non-clinical” or “non-clinical based” settings.
  - c. Include “school based services” in non-clinical settings.
  - d. Outcome 1, strategy 1, and bullet 2: Delete “classes,” and insert, “training for parents.” Insert, “i.e. in the parenthesis and add, “effects of medication on children. Move, “FRC’s,” to end of sentence with parentheses around it and use “i.e.” Add another bullet for “support/resource access.”
  - e. Outcome 2, delete “LGBT and Latino.” Delete, “and,” after peer and add / before, “professional.” Delete “targeted,” and add, “LGBT, Latino and other marginalized.” Strategy 2, add, “and other,” after, “school-based.” Delete the last sentence. Add, “Strategy 4 – PCP’s must be educated on trauma-informed services.”
  - f. Outcome 3, add, “resources,” after mental health services. Add, “Evaluation – tract usage, utilization, and consumer satisfaction.”

September 25, 2008

- g. Outcome 4, Strategy 1, delete, “the Training Academy,” and add back in after, “venues,” within parentheses and i.e. before it. Add, “Strategy 3 – Maximize leveraging with state funds.” Add, “Evaluation – Standards for assessing media.”
  - h. Outcome 5, Strategy 2, delete, “through the,” and add, “at venues (i.e. Training Academy).” Strategy 3, add, “at risk of suicide,” after, “symptoms of mental illness.” Delete, “helpful.”
7. Next Steps: Focus Groups in October. County Staff will prepare a draft based on the recommendations from all workgroups and focus groups and make cost estimates. November we will hold two “all workgroup” meetings to review and make changes as needed. Recommend workgroup members attend the Public Review of the plan at the Mental Health Board meeting when notified.

This workgroup has completed their recommendations.