



COMMUNICABLE DISEASE UNIT

# County of Santa Cruz

## HEALTH SERVICES AGENCY

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### PUBLIC HEALTH EXPOSURE NOTICE SEPTEMBER 9, 2017

#### Communicable Disease Incident: Possible Exposure to Hepatitis A

For more information: Go to: [www.SantaCruzHealth.org/HepA](http://www.SantaCruzHealth.org/HepA) Or call (831) 454-4114

#### Situation

- Santa Cruz County is currently experiencing an outbreak of hepatitis A virus, with continued new hepatitis A infections in exposed individuals.
- It is possible that you have been exposed to hepatitis A virus if you have consumed food prepared at Boulder Creek Redwood Keg Liquor and Deli between August 15 and September 7th.

#### Recommendations

- Getting a hepatitis A vaccine can protect you from getting the disease if you have been recently exposed. The vaccine is very effective in preventing hepatitis A infection.
- It is important to see your health care provider if you have symptoms of hepatitis A infection which include: fever, fatigue, nausea, vomiting, diarrhea, stomach pain, loss of appetite, dark urine, and/or yellowing of the skin or eyes.
- Practice good handwashing. Wash hands with soap and water for at least 20 seconds, rubbing hands together vigorously and scrubbing all surfaces. Hands should be washed after using the toilet or helping others with diapering or toileting, and before preparing or eating food. This can prevent you from getting ill and passing on the virus to others.

#### Information

- Hepatitis A infection is a serious liver disease. It is spread from person-to-person through contact with the feces (stool) of people who are infected, which can easily happen if someone does not wash their hands properly. You can get hepatitis A from food, water, or objects contaminated with the virus.
- It can take 14 to 49 days for symptoms to appear after exposure to the virus. If you get symptoms, do not prepare food for others.