



Salud Mental y
Tratamiento del Uso
de Sustancias

MEDICATION-ASSISTED TREATMENT (MAT)

RESIDENTIAL MAT

MAT IN OUTPATIENT TREATMENT

STAND-ALONE MAT SERVICES

Santa Cruz County

Drug Medi-Cal Organized Delivery System (DMC-ODS)

June 2025

DESCRIPTION OF MAT SERVICES

- MAT is the use of prescription medications, in combination with counseling and behavioral therapies, to provide a whole-person approach to the treatment of substance use disorders.
- MAT may be offered as a stand-alone treatment, however clients are always offered counseling and/or behavior therapies as well.
- Within scope of practice, DMC-ODS network staff are reimbursed for the ordering, prescribing, administering, and monitoring of MAT.
- MAT is ***only*** for clients with one of these Diagnoses:
 - Alcohol Use Disorder (AUD) &
 - Opioid Use Disorder (OUD)

MAT MEDICATION INFORMATION

MAT Medications = all FDA-approved medications and biological products ***to treat Alcohol Use Disorder / Opioid Use Disorder.***

MAT medications:

Alcohol Use Disorder Medications:

Disulfiram (Antabuse)
Naltrexone (Vivitrol)
Acamprosate
Antabuse

Opioid Use Disorder Medications:

Methadone
Buprenorphine
Naltrexone (Vivitrol)
Naloxone
Suboxone
Subutex

These medications must be prescribed by a licensed prescriber ***within the DMC-ODS program*** (*the medication must be purchased and administered or dispensed outside of the pharmacy benefit*)

Methadone must be prescribed within an NTP program

MAT PROVIDER INFORMATION

ALL SERVICES MUST BE PROVIDED WITHIN SCOPE OF PRACTICE

MOST MAT Services will be provided by:

MD / DO (or MD/DO Clerks under supervision of licensed physician)
Nurse Practitioner (NP), (or NP-CT under supervision)
Physician's Assistant (PA), (or PA-CT under supervision)

SOME MAT Services will be provided by (usually in residential treatment):

Registered Nurse (RN), or RN-CT under supervision
Licensed Psych Technician (LPT), or LPT-CT under supervision
Licensed Vocational Nurse (LVN)
Medical Assistants (MA) with presence of MD, PA or NP on site –
H0033 & H0034 only for MA
Pharmacists, Pharm-CT under supervision
Licensed Occupational Therapist (LOT), or LOT-CT –
LOT & LOT-CT may only utilize service code ***H0033***

OUTPATIENT MAT & “STAND-ALONE” MAT SERVICES

DOCUMENTATION REQUIREMENTS – INTAKE / ADMISSION

Intake / Admission to OP & Stand-Alone MAT treatment documentation:

- 1) ASAM Brief or Full ASAM / ALOC**
- 2) Evidence Based Assessment indicating MAT = fitting treatment**
(required w/in 48 hours; can do with ASAM / ALOC and/or COWS, CIWA, DAST, AUDIT)
- 3) Consents**
(treatment consent, informed medication consents & EHR exchange form)
- 4) Diagnosis Form (Opioid Use Disorder or Alcohol Use Disorder)**
- 5) Health Questionnaire**
- 6) Timely Access Information (SRDL)**
- 7) Cal-OMS**
- 8) PRIOR TO MEDICATION INITIATION:**
 - **Physical exam including lab work needed**
(such as urine tox screen, TB test, screening for infectious diseases)

MAT providers assessment activities

MAT assessment activities must be *within the scope of practice* of provider

MD / DO; Nurse Practitioner (NP) / Physician's Assistant (PA) & their Clinical Trainees:

- Interview the client to gather historical information, including history of present illness/substance use, psychiatric history, medical history (including medications), allergies, family history of illness/substance use, and social history.
- Perform a mental status examination
- Administer psychometric/screening tools.
- Complete a focused physical assessment—pertinent to treatment of substance use disorder(s)
- Observe signs of substance use withdrawal
- Review of systems (ROS)
- Obtain vital signs

LPHA Non-Physician (RN, LVN, LPT) + MA:

- Gather historical information to report to prescribing provider
- Administer psychometric/screening tools (e.g., AUDIT, DAST).
- Observe signs of substance use withdrawal to report to prescribing provider
- Obtain vital signs

OUTPATIENT MAT & “STAND-ALONE” MAT SERVICES DOCUMENTATION REQUIREMENTS – WITHIN 30 DAYS

**Within 30 days of MAT treatment initiation documentation
(as clinically indicated if more than 30 days explain why):**

- 1) Full ASAM / ALOC (if not done already)**
- 2) Physical exam follow-up information & needs**
- 3) Medical Director or delegate LPHA (within correct scope of practice for MAT services) review of medical & SUD diagnoses & write progress note documenting medical necessity for MAT**
- 4) Plan of Care for MAT in progress note (see next slide for details)*
(stand-alone MAT must have a Plan of Care)**
- 5) Problem List update to include MAT needs and diagnosis
(stand-alone MAT must have a Problem List with diagnosis at a minimum)**

MINORS (additional requirements) = Parent consent for medications & documented history of two unsuccessful attempts at short term detox or outpatient treatment within a 12-month period

OUTPATIENT MAT & “STANDALONE” MAT SERVICES

DOCUMENTATION REQUIREMENTS – MAT PLAN OF CARE

INCLUDED IN MEDICAL NECESSITY NOTE

MAT Plan of Care (*required for BOTH outpatient & stand-alone MAT*):

- May be written in a progress note
- Is developed in collaboration with the client
- States information about medication administration
 - *Medication name, dosage, frequency*
 - *What will medication address*
- States a plan for medication monitoring and follow up
- States which providers will be involved in care

***MAT treatment planning *must be done by* MD/DO, DM/DO Clerks, NP, NP-CT, PA, PA-CT**

RESIDENTIAL MAT SERVICE CODES

H0033 & H0034 ARE THE ONLY MAT SERVICE CODES THAT MAY BE USED IN RESIDENTIAL TREATMENT

Avatar Code / Description	Time / Location	Allowable Disciplines	Description
AH0033 Medication Administration, Direct Observation	Minimum = 8 minutes Maximum addressed by avatar In-Person with Client Only Not allowed via telehealth	<ul style="list-style-type: none"> MD/DO MD/DO Clerks NP, NP-CT PA, PA-CT RN, RN-CT LPT, LPT-CT LVN MA Pharm, Pharm-CT LOT-CT 	Supervising the client as they take their prescribed medication to ensure adherence to the medication schedule and proper dosage. Helps ensure that clients take their medications correctly, which is crucial for safe and effective treatment of health conditions. The aim is to: <ul style="list-style-type: none"> Improve medication compliance Ensure timely and proper dosing Preventing misuse or abuse of medication
AH0034 Medication Training and Support	Minimum = 8 minutes Maximum addressed by avatar In-person AND via telehealth	<ul style="list-style-type: none"> MD/DO MD/DO Clerks NP, NP-CT PA, PA-CT RN, RN-CT LPT, LPT-CT LVN MA Pharm, Pharm-CT 	Help client understand proper use of their meds; educate client re: dosage, timing, effects (intended and side effects), importance of adherence to prescribed med regimen, & health benefits expected from med compliance. Goal = improve med adherence, enhance patient understanding of med management, reduce self-administration med errors & optimize therapeutic outcomes. <i>This code MAY be utilized when provider, within their scope, communicates with client & family members to gather assessment info or to learn from client &/or family observations re: client med compliance and response to medications.</i>

OUTPATIENT MAT (MAY BE STANDALONE MAT)

These Codes may NOT be used in residential treatment

Avatar Code / Description	Time / Location	Allowable Disciplines	Description
A90792 Assessment	Minimum = 31 minutes Maximum addressed by avatar *restricted to use of one time per day	MD/DO / Clerks* NP, NP-CT* PA, PA-CT*	Psychiatric diagnostic eval with medical services to a new client, including diagnosis determination. Provide biopsychosocial and medical assessment; history, MSE & physical exam. May include prescription of medication and review / ordering of labs.
A99202S 99202-99205 Assessment	Minimum = 15 minutes Maximum = 1,440 minutes Avatar selects appropriate coding based on time entered by provider	<ul style="list-style-type: none"> MD/DO / Clerks NP, NP-CT PA, PA-CT 	<p>Assessment code used to evaluate and manage a new client; requires a medically appropriate history and/or examination of the client.</p> <p><i>*for use if the assessment is between 15 and 30 minutes; if 31 minutes or more, 90792 = better</i></p>
A99212S 99212-99215 Assessment	Minimum = 10 minutes Maximum addressed by avatar Avatar selects appropriate coding based on time entered by provider	<ul style="list-style-type: none"> MD/DO / Clerks* NP, NP-CT* PA, PA-CT* 	Assessment code used to evaluate, manage & provide medication support services to an established client (had a visit in the last 3 years); requires a medically appropriate history and/or examination of the client.

***NOTE: Medical Students in Clerkship and Clinical Trainees must be under the supervision of a licensed professional.**

OUTPATIENT SERVICES- MAT (MAY BE STANDALONE MAT)

Avatar Code / Description	Time / Location	Allowable Disciplines for MAT	Description
A90885 Psych Eval of Records for Diagnosis	Minimum 31 minutes Maximum addressed by avatar *restricted to use of one time per day	<ul style="list-style-type: none"> MD/DO / Clerks* NP, NP-CT* PA, PA-CT* * see description	Provider conducts a review of records for diagnostic purposes and when there is no direct patient contact. *service cannot be done via telehealth
H0034 Medication Training and Support	Minimum = 8 minutes Maximum addressed by avatar	<ul style="list-style-type: none"> MD/DO MD/DO Clerks NP, NP-CT PA, PA-CT Most commonly used by: <ul style="list-style-type: none"> RN, RN-CT LPT, LPT-CT LVN MA Pharm, Pharm-CT 	Help client understand proper use of meds; educate client re: dosage, timing, effects & importance of adherence to med regimen. Goal = improve med adherence, enhance patient understanding of med management, reduce self-administration med errors. <i>This code MAY be utilized when provider communicates with client & family members to gather assessment info or to learn from client &/or family observations re: client med compliance and response to medications.</i> Can also be used for care coordination activities related to medication assisted treatment.

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