

## SAMPLE SNOMED CODES

*These are some examples of codes you can use in your treatment plans, but there are many, many more that you can choose from in Avatar.*

*If you are not an LPHA, use a SNOMED code that addresses behavior and functional impairment. Only LPHA's can use a diagnosis as a SNOMED code.*

### Older Adults/Grave Disability (there is no GD SNOMED code, but some of these should fit)

1. Adjustment to life threatening illness
2. Confused
3. Self-neglect
4. Wandering
5. Needs assistance while at home
6. Decreased independence with....
7. Dependent for...
8. Self-care deficit for
9. Impaired problem-solving
10. See section on ADL's for more ideas.

### Adolescents & Young Adults

1. Delayed self-care skills
2. Delayed social and emotional development
3. Social role conflict
4. High risk social situations
5. Impaired instrumental activities of daily living
6. See Socialization section for more ideas.
7. Difficulty adhering to rules and boundaries

### Children

1. Behavior hyperactive
2. Attention and concentration deficit
3. Behavioral feeding difficulties
4. Conduct disturbance

5. Delayed milestone in infant/childhood
6. Difficulty adhering to rules and boundaries
7. See Socialization section for more ideas.
8. Also... if you type in the word "School" or the word "Family" you will get many more codes.

### Aggression, Violence and Hostility

1. Aggressive behavior
2. Demanding behavior
3. Difficulty controlling anger
4. Feeling agitated
5. Feeling angry
6. Feeling irritable
7. Homicidal thoughts
8. Hostile behavior
9. Impulsive
10. Irritability and anger
11. Irritable
12. Outbursts of anger
13. Social discord
14. Thoughts of harming others
15. Thoughts of violence
16. (Also...some items under Depression and Psychosis might contribute to irritability and hostility such as paranoia and impaired orientation.)

### Socialization/Social Skills

(may be related to development, psychosis, depression, anxiety, trauma, etc... Specify in treatment plan)

1. Conflict in school
2. Decreased activities of daily living
3. Dependent for interactive social functioning
4. Discord with social service provider
5. Family conflict
6. Inadequate social skills
7. Poor conflict management skills
8. Social discord
9. Social isolation

10. Socially inappropriate behavior

### Depression

1. Depressed mood
2. Feeling unhappy
3. Inability to cope
4. Self-care deficit
5. Self-neglect
6. Social isolation
7. Suicidal thoughts
8. Thoughts of self-harm

### Suicidality, Self-Harm

1. At high risk for self-harm
2. At risk for intentional self-harm
3. Deliberate self-cutting
4. Inability to cope
5. Intentional self-harm
6. Self-injurious behavior
7. Self-mutilating behavior
8. Thoughts of self-harm

### Bipolar and other mood DO

1. Mood and affect disturbance
2. Mood swings
3. Variable mood
4. Manic behavior
5. (any of the anger and irritability codes might apply to these disorders also)

### Psychosis

1. Alteration in thought content as evidenced by delusions
2. Bizarre behavior
3. Bizarre personal appearance
4. Confused
5. Delusional thoughts
6. Disorganized behavior
7. Hallucination
8. Jumbled speech
9. Paranoid Behavior
10. Perseveration
11. Suspiciousness and marked evasiveness
12. See Socialization, Self-Care Deficit and Cognition sections for more ideas.

**Anxiety**

1. Anxiety
2. Anxiety with Depression
3. Compulsive behavior
4. Feeling nervous
5. Obsessional thoughts
6. Panic attack
7. Perseveration
8. Phobia

**Other**

1. Hoarding
2. Homelessness (MUST relate back to symptoms/diagnosis)
3. Trauma
4. Current non-adherence to treatment plan

**Trauma**

1. Avoidant behavior
2. Fear of...
3. Flashbacks
4. Grief
5. Trauma
6. Trauma in childhood

**Dual Diagnosis**

1. Confusion, Memory deficit
2. Executive functioning deficit
3. Mood lability
4. Poor concentration/attention deficit
5. Poor motivation
6. Psychosis
7. Self-harm and other self-destructive behaviors

**Activities of daily living (ADLs)**

1. Impaired activities of daily living
2. Impaired mobility
3. Impaired instrumental activities of daily living (IADL)
4. Lack of adequate (food)
5. Self-care deficit
6. Self-neglect
7. Dependent for...
8. Decreased independence with....
9. Self-care deficit

10. Self-neglect
11. Very low level of personal hygiene
12. Deficit of Personal bathing and hygiene

**FUNCTIONAL IMPAIRMENT**

In order to document medical necessity, both an included diagnosis plus functional impairment related to that diagnosis must be noted.

For many of these codes, you will need to add more information about the problem, so that it is clear how the problem relates to the diagnosis and/or functional deficits.

**Cognition**

1. Difficulty processing information
2. Impaired orientation
3. Impaired problem solving
4. Impaired insight
5. Poor concentration
6. Poor memory
7. Poor ability to follow directions
8. Impaired personal boundaries
9. Inadequate social skills
10. Decreased social interaction
11. Impaired social interaction
12. Inadequate social support
13. Impaired cognition
14. Impaired insight
15. Poor concentration

**Readiness for Change (Stage):**

pre-contemplation / contemplation / preparation / action / maintenance / relapse and recycling (for SUD treatment)

1. Poor motivation
2. Poor self-monitoring
3. Poor impulse control
4. Lack of interest
5. Inability to cope

**Problems related to social environment**

1. Poor conflict management skills
2. Social discord
3. Social maladjustment
4. Social role conflict

**Other Needs Affecting**

**Treatment (Used primarily for SUD Treatment)**

1. Legal problem

2. Educational problem
3. Employment problem
4. Housing situation unstable
5. Poor housing

**SUD Diagnosis**

NOTE: Type in the substance and then "use disorder," e.g. Methamphetamine Use Disorder

1. \_\_\_\_\_ Use Disorder
2. Mild / Moderate / Severe \_\_\_\_\_ Use Disorder in \_\_\_\_\_ remission (only use for Recovery Services)

**Psychiatric or SUD Diagnosis Affecting Medical Issues (Used primarily for SUD Treatment)**

1. Adjustment to life threatening illness
2. Current non-adherence to medical treatment
3. Ineffective health maintenance
4. Ineffective self-health management
5. Maladaptive health behaviors affecting medical condition
6. Poor dentition
7. Poor hygiene
8. Poor nutrition
9. Problem associated with substance use
10. Problem with medical care compliance
11. Problems influencing health status
12. Substance abuse complicating/affecting pregnancy

# FUNCTIONAL IMPAIRMENT

In order to document medical necessity, both an included diagnosis plus functional impairment related to that diagnosis must be noted.

- The diagnosis is noted in the Diagnosis form.
- In the Assessment Process, functional impairments related to the diagnosis are documented.
- In the Treatment Plan, the functional impairments discovered during assessment are addressed. If the diagnosis or SNOMED code in the problem does not make it clear what the functional impairment is, and how it is related to the diagnosis, edit the problem so this is clear. An example is shown below.

Your problem might start out looking like this.

**Problem / Problema**

Sad Mood

After editing, it might look like this.

**Problem / Problema**

Sad Mood: functional deficits related to sad mood include impaired social functioning, social isolation, poor motivation, poor task orientation.

### MORE EXAMPLES OF EDITED PROBLEM STATEMENTS

- Poor Motivation: low energy, apathy, and difficulty engaging in treatment due to depression
- Mood Swings: with related problems including including irritability, low-self esteem, social withdrawal, impulsivity which creates deficits in social and educational functioning
- Impaired Cognition: related to attentional deficit including poor ability to concentrate, poor memory, impaired focus, all of which negatively impact academic functioning
- Interpersonal Deficit: related to psychosis, including difficulty initiating interactions, responding to initiations of others, maintaining eye contact, sharing enjoyment and taking another person's perspective
- Alcohol use disorder: contributory to emotional, economic and relationship instability
- Opioid use disorder: negatively impacting ability to maintain housing, maintain employment and manage legal issues