



Focused Intervention Team (FIT)

Santa Cruz County Sheriff's Office and Behavioral Health Services

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Purpose

- FIT is a public safety program pilot to engage individuals in the community who have repeatedly come in contact with law enforcement, and whose behaviors are criminal and threaten public safety.
- The FIT program was among the critical needs identified by the Santa Cruz County Board of Supervisors in the Measure G initiative on the November 2018 ballot. The ½-cent sales tax measure was approved by two-thirds of County voters.

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FIT Staffing

SCSO Staff:
1 Sergeant
2 Deputies

Behavioral Health Staff:
1 Clinical Supervisor
2 Clinicians

- The integrated law enforcement & behavioral health staff function as a multidisciplinary team bringing role-specific skills to the effort.
- The Sheriff's Office provides the primary interface with criminal justice partners and the Behavioral Health staff provide clinical assessment, treatment and case management.
- The integrated team expands on the evidence-based practice of a Crisis Intervention Team (CIT) that supports law enforcement to interface with behavioral health issues and a co-responder model that pairs clinical staff with law enforcement.

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Access to FIT

<u>Referral</u>	<u>Eligibility</u>
<ul style="list-style-type: none">• Referrals are made directly to the FIT Sergeant by law enforcement agencies.	<ul style="list-style-type: none">• 1. Must have a fresh arrest.• 2. Have demonstrated aggressive, threatening or assaultive behavior.• 3. Have a minimum of 3 contacts with law enforcement in the past 90 days.

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High Frequency Services

- In-custody services include behavioral health assessment, motivational interviewing (MI), trauma-informed care, cognitive behavioral therapy, and treatment plan development. Court liaison and jail discharge services are also provided.
- Community-based services include engagement, MI, brokerage and linkage to behavioral health and supportive services, and compliance accountability.
- Treatment program interface includes monitoring of treatment compliance and progress, case management, case coordination of service array, and linkage to aftercare services.

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FIT Completion

- Participants do not engage in new criminal behaviors for sixty days.
- Demonstrate significant progress toward substance use disorder and mental health recovery and stability through service participation.
- All participants completing the program will be linked with treatment in the community for on-going care needs.

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Performance Outcome Measures

Applied Survey Research

- Quarterly data and performance reports in the following domains:
 - System Coordination
 - Access to Care
 - Criminal Justice
 - Quality of Life
 - Community Outcomes

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Contact Information

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