

MINUTES – APPROVED
April 21, 2022

MENTAL HEALTH ADVISORY BOARD RETREAT

MARCH 11, 2022 ♦ 10:00 AM-3:00 PM

1400 EMELINE AVE, ROOMS 206-207, SANTA CRUZ

Microsoft Teams Meeting (916) 318-9542, Conference 676 015 533#

Present: Antonio Rivas (arrived at 11:29 am), Hugh McCormick (arrived at 12:31 pm), Jeffrey Arlt, Jennifer Wells-Kaup, Laura Chatham, Serg Kagno, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput
Staff: Jane Batoon-Kurovski
Guest: John Nguyen

- I. Roll Call – Quorum present. Meeting called to order at 10:05 a.m. by Chair Xaloc Cabanes.
- II. Public Comments – none.
- III. Struggles and Triumphs
Members of the board shared their struggles and triumphs in the last year.
- IV. Centering Break / Mindfulness Activity
The Board members participated in a mindfulness activity.
- V. John Nguyen, County Counsel
 - A. Brown Act – intent is for an open and transparent government to allow the public to listen and participate in the meetings, which includes posting the agenda 72 hours in advance
 - B. Committee Clarification
 1. Standing Committees
 - a. Designated for specific jurisdiction over specific issue
 - b. Subject to the Brown Act
 - c. No time frame, can be ongoing
 - d. Consists of board members, less than quorum
 - e. Regular day/time of meeting
 2. Ad Hoc Committees
 - a. Formed to review/advise on one particular topic
 - b. Temporary – short term, limited time
 - c. Consists of board members, less than quorum
 - d. Single purpose/investigation - once complete, committee is dissolved
 - C. Welfare & Institutions Code (WIC) 5604/Santa Cruz County Code 2.38, 2.104, 2.84
 1. WIC5604 – statutory requirement that states Santa Cruz County must have a Mental Health Advisory Board.
 2. Process for changing bylaws – MHAB discusses and approves the amended bylaws, and then sent to the BOS for review/approval.

Note: Regardless of type of committee, if lasts more than 6 months, the MHAB must provide written notice to the Board of Supervisors that the committee has been created.

- VI. Review 2021 Goals and Objectives
 - A. Access to Public Health Guide
 - B. CAHOOTS Program – Advocacy, Publicity, Education
 - C. Mobile Van – provide information, resources, referrals
 - D. Mandatory trainings – commitment of Board members to attend trainings every year
 - E. South County – improve services and have more presence
 - F. Housing stabilization – make sure people get support to maintain housing
 - G. Coordinate mental health services between hospitals, clinics, and private services
 - H. Fully understand how budget cuts will affect/impact community
 - I. Coordinate with law enforcement to work with homeless and people with mental health problems to make sure they are treated by mental health professionals
 - J. More site visits
 - K. Budget
 - L. Healing and growth – management of mental health

- VII. 2022 Goals and Objectives (Broad Ideas)
 - a. Pilot Ideal Crisis System
 - b. Ideal Crisis System programs open 24/7
 - c. 988 launch July 16th. Contribute by getting word out.
 - d. Site Visits
 - e. Peer Certification Training
 - f. CARE Court (forced treatment)
 - g. Housing – retain and keep consistent shelter
 - h. Begin planning of Crisis Response Centers
 - i. All law enforcement agencies to have the same policy as the jail regarding management of prescriptions

- VIII. Consider additional one-hour monthly meeting to address special, urgent, or requested MHAB related topics
 - The outcome of the discussion was to look at the smaller committee groups and energize those meetings. Additional one-hour to the regular meetings will be considered on an as-needed basis.

- IX. MHAB State Requirements
 - A. Committees – Officers
 - The board discussed the current board officer positions: Chair, Co-Chair, and Secretary. All board members agreed the positions should stay the same and there is no need to add additional officer positions.
 - B. Continue participation / education requirements
 - All board members confirmed they are okay with the current requirement of a minimum of 2 trainings per year.

- X. Committees for 2022
 - A. Standing Committees
 - 1. Community / Publicity
 - 2. Budget
 - 3. Ideal Crisis System
 - B. Ad Hoc Committee
 - 1. Peer Specialist Certification
 - 2. Law / 988

- XI. Adjournment
 - Meeting adjourned at 3:04 p.m.