

Breastfeeding Support Groups – Santa Cruz County



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Sutter Maternity 2900 Chanticleer Ave Santa Cruz (831) 477-2229</p> <ul style="list-style-type: none"> • Postpartum Well-ness Group 10:00-11:30am <p>\$5 suggested donation</p> <hr/> <p>Clinica Del Valle 45 Nielson Street Watsonville (831) 728-0222</p> <ul style="list-style-type: none"> • 1st Mon 11am Sp • 2nd Mon 11am En • 3rd Mon 11 am SP • 4th Mon 11am En <hr/> <p>WIC Santa Cruz 2205 Water St Santa Cruz (831) 426-3911</p> <ul style="list-style-type: none"> • 1st Mon 10am Sp • 2nd Mon 2:15 En • 3rd Mon 2:15 Sp • 4th Mon 10am En <p>WIC clients only</p>	<p>Sutter Maternity 2900 Chanticleer Ave Santa Cruz (831) 477-2229</p> <ul style="list-style-type: none"> • New Parent Support Group Babies 3 wks to 4 months of age. 10:00-11:30am <p>\$5 suggested donation</p> <hr/> <p>Mountain Community Resources 6134 Highway 9 Felton (408) 387-0888</p> <ul style="list-style-type: none"> • San Lorenzo Valley New Parents Support Group 1:00—2:30 pm <p>No Fee</p>	<p>Dominican Hospital 610 Frederick Street Santa Cruz (831) 462-7862</p> <ul style="list-style-type: none"> • Latch Clinic 9:00 am-11:00am • New Moms Group 11:30 am -1:00pm <p>No fee</p> <hr/> <p>Watsonville Hospital 75 Nielson St Watsonville (831) 768-6204</p> <ul style="list-style-type: none"> • New Moms Group 11:00 am-1:00pm <p>No fee</p> <hr/> <p>WIC Watsonville 18 W Lake Ave Watsonville (831) 722-7121</p> <ul style="list-style-type: none"> • 2:00-3:30pm Spanish <p>WIC clients only</p>	<p>Sutter Maternity 2900 Chanticleer Ave Santa Cruz (831) 477-2229</p> <ul style="list-style-type: none"> • New Parent Support Group Babies 4-9 months 10:00-11:30am <p>\$5 suggested donation</p> <hr/> <p>Santa Cruz Women’s Health Center 250 Locust Street Santa Cruz (831) 427-3500</p> <ul style="list-style-type: none"> • Postpartum Wellness Group for moms & babies 0-6 months 10:00-11:30 am <p>Sp & En Health Center patients only</p> <hr/> <p>Luma 1010 Center St Santa Cruz (831) 325-2620</p> <ul style="list-style-type: none"> • New Mom -Baby Connection 1:30-2:30pm <p>\$5-10 suggested donation</p>	<p>WIC Watsonville 18 W Lake Ave Watsonville (831) 722-7121</p> <ul style="list-style-type: none"> • 9:30-11:00am Spanish <p>WIC Clients Only</p> <hr/> <p>Full Moon Birth Center 701 Mission Street Santa Cruz (831) 454-8031</p> <ul style="list-style-type: none"> • Breastfeeding and Postpartum Circle • 10:00 -11:30 am <p>Donation requested</p>	